



Appreciation

Mental Health Awareness Week 10th Oct- MHSS held a community sausage sizzle with gourmet sausages and onions, what a treat! We were generously sponsored by Mount Butchery, 4 Square - Te Puke, Welcome Bay & Mount Maunganui. A total of \$210 was raised for the Mental Health Foundation. Great effort from all



In honor and support of all those affected by breast cancer, we held a raffle at the Hauora. An amazing box of Goodies was up for grabs.

Drawn 31st Oct, the winner was.. Joey Keepa-Grant - Congratulations!!



What's been happening?!



- Oct 17th MHSS staff walked over 5kms to encourage ourselves and community to walk for wellness.
- Congratulations to Kaimahi - Jayleen Thomas who has successfully been re-elected on the Maketu School, Board of Trustees.
- Huhana, Karl, Pare, and Jess G recently attended the TE MANAWA TAKI SYMPOSIUM. Jess G had a photo op with Paddy Gower.
- MHSS & Employ NZ are currently running a licence program to support whanau in gaining learners, restricted and full licences. Free drivers licence support is being provided with all programs currently full.



MHSS Health Expo 7th Nov



STALL HOLDERS

- Hippy - Childs Education program
- Bowel Screening
- Bay Audiology - Te Puke
- Hapainga Smoke Free
- Heart Foundation
- Community Health for Kids
- Hato Hone St John
- Brighter
- Māori Land Court
- First and Emergency
- Sustainable Options
- Maketu Health and Social Services.

Prize Winners

- Lucky Door Prize - Tania Pirere - Maketu Pies box
- Guess the Pipis - Sue Elliot - Smart Watch
- Colouring in 0-7 - Harmony (Maketu School) Tennis stand
- Colouring in 8-18 - Mereana (Maketu School) Smoothie blender



WINNER


Thank you to Maketu Pies for your sponsorship and continual support.




On the day we saw many of our local and near whanau attend MHSS for the Health Expo. Information was shared, health checks undertaken, merchandise handed out and giveaways won. The day was a success due to our engaging stall holders and amazing community.



Remember to keep up to date with any changes and what's new at the hauora on our Facebook page!

 Maketu Health and Social Services

 0800MAKETU

THANK YOU!



The Maketu Market recently contributed towards the purchase of our first aid kits, providing support for our organisation and the communities we serve. We also acknowledge Kawal from Maketu Beachside Cafe for his generous koha towards this initiative.



Rongoa - Recently MHSS staff had the privilege of hearing from our local whanau, Marena regarding the benefits of Rongoa. We heard about the healing properties our traditional plants have which can be found in our nearby gully. We encourage whanau to explore and research which rongoa would benefit their wellbeing.



What's coming up!



- MHSS Christmas Close down 19th Dec- 9th Jan 2026. Opening back up 12th Jan 2026 for yearly planning.
- 15th Dec from 5.30pm MHSS, Maketu Fire Brigade, Te Puke Police and Fire & Emergency Services will be collecting non-perishable kai for our local food drive. Please see Facebook for more information.



FREE domestic cat neutering and microchip programme in support of Pest Free Parks. Free transport to and from the vet can be arranged, please get in contact with Jayleen 022 6396253 or email jayleen@maketuhauora.org.nz Please note this is for the Maketu area, and Pukehina (extended).



Netball - Staff at the Maketu Hauora have been carving it up (or trying to) playing in Paengaroa's Eastern District (ED) open and social games. With the season soon ending, we wanted to thank all of our supporters and competitors that made playing enjoyable. Until next time!



Need support?!

Are you or someone you know experiencing domestic violence, hardship, addiction, mental health and or wellbeing issues.

Contact MHSS today! You are supported locally!

Remember to keep up to date with any changes and what's new at the hauora on our Facebook page!

Maketu Health and Social Services

0800MAKETU